

LUNDI

MARDI

MERCREDI

JEUDI

VENDREDI

SALLE 2	SALLE 3	SALLE 2	SALLE 3	SALLE 2	SALLE 3	SALLE 2	SALLE 3	SALLE 2	SALLE 3
	8h30-9h30 Pilates machines > Caroline		<b>NEW</b> 8h-9h Pilates machines > Eve		8h-9h Pilates machines > Eve				8h30-9h30 Pilates machines > Eve
	9h40-10h40 Pilates machines > Caroline		<b>NEW</b> 9h10-10h10 Pilates machines > Eve		9h10-10h10 Pilates machines > Eve				<b>NEW</b> 9h40-10h40 Pilates machines > Eve
			12h30-13h30 Pilates machines > Harumi				12h30-13h30 Pilates machines > Harumi		
			13h40-14h40 Pilates machines > Harumi				<b>NEW</b> 13h40-14h40 Pilates machines > Harumi		
	18h-19h Pilates machines > Shelby		18h20-19h20 Pilates machines > Harumi		18h-19h Pilates machines > Shelby		18h20-19h20 Pilates machines > Harumi	18h30-19h30 Yoga aérien Niveau 1 > Noëlie	18h10-19h10 Pilates machines > Caroline
	19h10-20h10 Pilates machines > Shelby		19h30-20h30 Pilates machines > Harumi		19h10-20h10 Pilates machines > Shelby		19h30-20h30 Pilates machines > Harumi	19h30-20h30 Yoga aérien Niveau 2 > Noëlie	<b>NEW</b> 19h10-20h10 Pilates machines > Caroline
	20h20-21h20 Pilates machines > Shelby		20h40-21h40 Pilates machines > Harumi		20h20-21h20 Pilates machines > Shelby		20h40-21h40 Pilates machines > Harumi	20h30-21h30 Yoga restaurative > Noëlie	